



ADULT PACKING LIST

You Will Need:

- Sleeping bag & pillow
- T-shirts
- Long pants & shorts
- Toiletries & towels
- Underwear
- Socks
- Sweatshirts/jacket
- Bathing suit
- Sneakers & sandals
- Flashlight & extra batteries
- Sunscreen & a hat
- Reusable water bottle
- Fully charged cell phone
- First aid kit
- Tent (if beach camping)

Optional:

- Camera
- Sunglasses
- Wetsuit
- Body Board
- Beach umbrella and chair
- Rain gear (in spring and late fall)



Leave these at home:

- Alcohol, weapons, fireworks**
- Stereos
- TV's, Computers
- Large barbecues
- RV's / Campers
- Skim boards, fiberglass surfboards
- Boats, kayaks
- Furniture

